

# SIZE CHART

ALL OUR COMPRESSION WEAR IS  
**UNISEX**

For maximum benefits and comfort, please refer to the measurement tables below. Note that all the measurements are in inches.

Size chart is the manufacturer's suggested guidelines and can vary from one person to another depending on his/her shape. Please measure at the largest circumference of each zone. Always favor your comfort over the suggested measurements.

## TOP



EC3D SIZES	1	2	3	4	5	6
EQUIVALENT TO	S	M	L	XL	1X	2X
A - FOREARMS	9-10.5	9.5-11	10-11.5	10.5-12	11-12.5	11.5-13
B - BICEPS	9.5-11	10-11.5	10.5-12.5	11.25-13.25	12.25-13.75	12.75-14.5
D - CHEST	33-35	35-37	37-39	39-41	41-43	43-45
*E - BACK	11-13	14-16	17-19	20-22	23-25	26-27

\*E - MEASURE FROM ARMPIT TO ARMPIT

## BOTTOM



EC3D SIZES	1	2	3	4	5	6
EQUIVALENT TO	S	M	L	XL	1X	2X
C - WAIST	25-27	27-30	30-33	33-36	36-39	39-42
F - HIPS	34-37	38-40	40-43	43-47	47-50	50-53
G - THIGHS	19.5-22.5	21.5-24	23.5-24.5	24.5-26	25.5-28	27.5-29
I - CALVES	12-13.5	13.5-15	15-16.5	16.5-18	18-20	20-22

## BRA



\*MODEL OR480 & CG780 ONLY

EC3D SIZES	32	34	36	38	40	42
CUP A	32	34	36	38	40	42
CUP B	32	34	36	38	40	42
CUP C	32	32-34	34-36	36-38	38-40	40-42
CUP D	32	32-34	34	36	38	40
CUP DD	N/A	32	34	36	38	40



\*MODEL CG785 ONLY

EC3D SIZES	WAIST & CUP SIZE
1	32C/34B
2	32D/34C
3	34D/36C
4	36D/38C

## ARM SLEEVE



EC3D SIZES	2	3	4	5
A - FOREARMS	9.5-11	10-11.5	10.5-12	11-12.5
B - BICEPS	10-11.5	10.5-12.5	11.25-13.25	12.25-13.75
A - CUT-RESISTANT FOREARMS ONLY	10-11	10.5-11.5	11-12	11.5-12.5

## WASHING INSTRUCTIONS

- MACHINE WASH ON NORMAL CYCLE
- DO NOT TUMBLE DRY, HANG TO DRY
- DO NOT USE FABRIC SOFTENER
- ONLY OXYGEN/ NON-CHLORINE BLEACH ALLOWED
- DO NOT IRON

## KNEE



\*MODEL 3D 940

EC3D SIZES	1	2	3	4	5
EQUIVALENT TO	XS	S	M	L	XL
J - MID KNEE	12.5-13.5	13.5-14.5	14.5-15.5	15.5-16.5	16.5-17.5

## SOCKS & CALF SLEEVES



EC3D SIZES	2	3	4	5
I - CALVES	11-12.5	12.5-14.5	14.5-16.5	16.5-19

## ANKLE SOCKS & CREW



EC3D SIZES	2	3	4	5
MEN:US Shoe Size	6-7	7-9	9.5-11.5	12+
WOMEN:US Shoe Size	6-8	8-10	10-12	13+
EUROPEAN Shoe Size	37-39	40-42	42-44	45-47

## Accessories

### SportsMed & CompressionMed +

## WRIST SUPPORT



EC3D SIZES	S	M	L	XL
L - WRIST	5-6.25	6.25-7.5	7.5-8.5	8.5-10

## ELBOW SUPPORT



EC3D SIZES	XS	S	M	L	XL
M - ELBOW	7-8.5	8.5-10	10-11.5	11.5-13	13-14.5

## KNEE SUPPORT



EC3D SIZES	XS	S	M	L	XL
J - MID KNEE	12.5-13.5	13.5-14.5	14.5-15.5	15.5-16.5	16.5-17.5

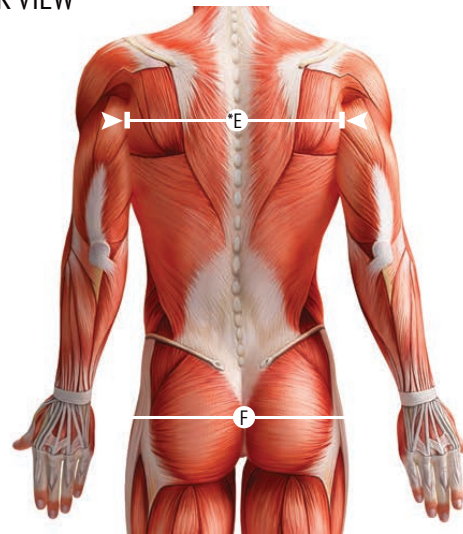
## ANKLE SUPPORT



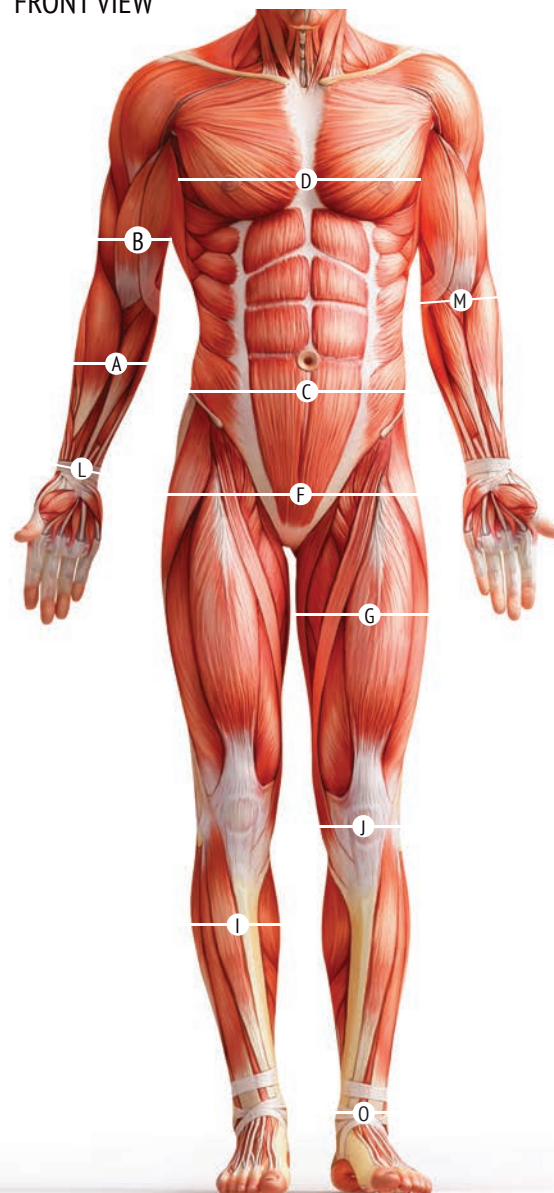
EC3D SIZES	XS	S	M	L	XL
O - ANKLE	5.5-7	7-8.5	8.5-10	10-11.5	11.5-13

## BACK VIEW

\*E - MEASURE FROM ARMPIT TO ARMPIT



## FRONT VIEW



**ec3d**  
high performance  
compression  
gear